



RATA2EE SUMMER CAMPS

Children learn essential life skills through fun and play! Camps run from 8:45 AM - 3:30 PM Monday-Thursday (until 3 PM on Fridays). Cost is \$399 (\$270 + \$129 materials)

> Dates: June 24 - 28 July 8 - 12 July 22 - 26 August 5 - 9

> > 8:45 am: Parent Drop-off

9:00 - 10:00 am Make a Healthy Morning Snack

10:00 - 11:00 am Nature Time / Outdoor Fun

11:00 - 12:30 pm 90-minute Cooking Lesson: cutting

techniques, measuring, stove time,

kitchen safety

12:30 - 1:00 pm / Picnic Lunch: kids eat the food they made,

learn nutrition (discuss each ingredient)

1:00 - 1:30 pm Play outdoor games that teach where

food comes from and what makes a

healthy plate

1:30 - 2:15 pm Make dessert

2:15 - 2:45 pm Gardening 101

2:45 - 3:15 pm Wrap up with Kids' Yoga

3:15 - 3:30 pm Parent Pick-up 3:30 M-Th & 3:00 on Friday

Sign up at: rochestercommhouse.org/class-schedule or call 248-651-0622